

The Office of Title IX can offer reasonable and appropriate interim measures to protect students while an investigation is ongoing. These may include, but are not limited to:

- Mutual no-contact orders
- Changes to room assignments
- Academic support
- Work schedule modifications
- Interim suspension or other protective measures.
- Referrals for mental health counseling, health services, victim advocacy, legal assistance, disability resources, visa and immigration assistance, help with student financial aid, and other services available within the UMW or Fredericksburg community.

You are entitled to interim measures whether or not you choose to report to the police.

ADDITIONAL RESOURCES:

For legal assistance or questions:

Legal Aid Works | LAWfred@LegalAidWorks.org |

www.LegalAidWorks.org

Virginia Legal Aid | 866-534-5243

| www.valegalaid.org

SurvJustice | www.survjustice.org | 202-869-0699

For advice, education, and peer support:

UMW TEAL Peer Educators | umwteal@gmail.com

For financial aid help:

UMW Student Financial Aid | finaid@umw.edu

For visa and immigration assistance:

Center for International Education | Dr. Jose Sainz | 540-654-1434

For more information on reporting options, resources, support, investigation processes, and your rights under the Clery Act, visit
diversity.umw.edu/title-ix/

MORE IMPORTANT INFORMATION:

Online or anonymous reporting may be done through www.umw.edu/concerns.

Amnesty: UMW may grant amnesty to students from drug, alcohol, and other student conduct polices. Sexual assault is never the survivor's fault - don't let fear of "getting in trouble" keep you from reporting.

Retaliation: It is a violation of the university's policy to retaliate in any way against a student, faculty, or staff member because they reported an incident or participated in an investigation or hearing.

Review, Investigation, and Sanctions: The university will take immediate steps in all reports of sexual and gender-based harassment to halt the prohibited conduct, prevent its recurrence, and address the effects. Disciplinary actions may include up to suspension or expulsion. The university conducts a prompt, fair, and impartial investigation employing a preponderance of evidence standard. Both parties are provided an opportunity to be heard, ask questions, and present evidence, to have an advisor of their choice, and receive written notification of the final outcome.

Privacy vs. Confidentiality: If you share information with a professor, staff, coach, RA, member of orientation staff, or other responsible employee about an incident related to gender-based harassment or violence, it will be shared with the Title IX Coordinator. **These individuals will keep your information private and only notify those on "need to know" basis.**

GENDER-BASED VIOLENCE RESOURCE GUIDE

Resources for students and employees experiencing sexual assault, intimate partner violence, or stalking.



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The University of Mary Washington is concerned with your health and well-being. If you or someone you know is a victim of gender-based violence of any kind, you are strongly urged to seek immediate assistance.

Our policy prohibits sexual assault, sexual exploitation, intimate partner violence, stalking, sexual or gender-based harassment, retaliation for participating in a Title IX investigation, and complicity in any of the above activities.

UMW is committed to fostering a community that promotes prompt reporting of all types of Prohibited Conduct and timely and fair resolution of complaints. Prohibited Conduct violates UMW's tradition of honor and integrity and will not be tolerated.

Please reach out to us and/or one of the confidential resources (on/off campus). You are not alone.

What happens next is up to you. Consider the following options:

SEEK MEDICAL ATTENTION

Seek medical attention as soon as possible to:

1. **Treat any injury or physical trauma**
2. **Consider possible STIs and/or risk of pregnancy**
3. **Preserve evidence in case you decide to prosecute.**

Important: If you have been assaulted within the past 120 hours, you may choose to do a sexual assault exam, available at the hospital. If you bathe, douche, brush your teeth, drink, or change your clothing, you may destroy evidence. If you decide to change, place your clothing in a paper bag instead of a plastic one.

Mary Washington Hospital Emergency Room

(Sexual Assault Nurse Examiners) nurse line:
540.741.1000

Student Health Center

(for non-urgent care, pregnancy and STI testing)

Lee 112 | 540.654.1010
M-F 8:30am-12pm and 1-5pm

Virginia Department of Health, City of Fredericksburg

(for free STI and HIV testing)

680 Jackson St. | 540.899.4142

CONTACT LAW ENFORCEMENT

UMW PD can assist you in obtaining medical treatment, counseling, support, and protective orders, and other police services. UMW PD will work with you to determine if a criminal investigation will occur. The university can assist you in notifying law enforcement if you choose to do so, but you may also decline to notify law enforcement. Please note that under Virginia law, the university is required to notify the police if a felony is reported.

Important: a report to the police can be made independently of any actions you take on campus. PD can help you pursue criminal legal options, while Title IX assists with administrative options.

UMW Police & Public Safety

| Brent House

Emergency: 540.654.4444
Non-urgent: 540.654.1025

Report online or anonymously at

www.umw.edu/police/reporting-a-crime/silent-witness-form/

Fredericksburg Police

| 2200 Cowan Blvd.

Emergency: 911
Non-urgent: 540.373.3122

TALK TO SOMEONE

These resources are confidential. Speaking with them will **not** initiate a process with the university and they are **not** required to report to the Title IX Coordinator.

UMW Victim Advocate | Jaime Opanashuk
Tyler House | jopanash@umw.edu | 540.654.1053

UMW Talley Center for Counseling Services

Lee 106
540.654.1053 | M-F 8am-5pm

Empowerhouse | empowerhouseva.org
24-hour services: 540.373.9373

Rappahannock Council Against Sexual Assault (RCASA) | rcasa.org | **24-hour services:** 540.371.1666

TITLE IX SUPPORT

You may report directly to the Office of Title IX. They can help with housing and academic accommodations, information on the campus disciplinary process, medical assistance, reporting to law enforcement, and other support and resources.

Title IX Coordinator | Stefanie Lucas-Waverly
Fairfax House | slucaswa@umw.edu
540.654.5656

Prevention and Advocacy | Marissa Miller
Fairfax House | mmille23@umw.edu
540.654.1193

Deputy Title IX Coordinator for Employees
Terri Arthur | GW 201 | tlockhar@umw.edu
540.654.2051

Deputy Title IX Coordinator for Students
Crystal Rawls | UC 303 | crawls@umw.edu
540.654.1801

Dean of Students | Cedric Rucker
Marye House | crucker@umw.edu
540.654.1200

Professional on Call | 540.654.1025 (through UMW PD)